



PALMETTO ORAL
AND
MAXILLOFACIAL SURGERY

Ensure Dental Implant Success by Learning the Proper Techniques for Dental Implant Care

Like any surgery, dental implant surgery poses some health risks. These risks are rare, and can be significantly reduced by combining good hygiene with proper implant care.

Palmetto Oral & Maxillofacial Surgery Implants have a lifetime warranty but the success of your success is dependent on proper implant care! As you move from surgery to post surgery, the level of care and the tools required will change. Your Oral Surgeon and Dental Hygienist will give you detailed instructions regarding the proper care techniques for your implants.

In tandem with these instructions, keep these three points in mind:

1. Doctors know best! Follow the home care instructions provided by your Oral Surgeon.
2. Keep it simple and keep it gentle!
3. **Brush, brush, brush!**

Zero to 14 Days Post Implant Surgery : Gentle, but thorough home care is paramount to success.

Keeping the area around your stitches clean is key to reducing plaque retention and maintaining good oral health post surgery.

1. Rinse with or apply (with Q-tip) chemical antiseptic twice daily – No brushing!
2. Once incision is closed and sutures resorbed/removed (10-14 days) use a soft toothbrush to gently clean the areas around your implant.

14 Days After Implant Surgery: Maintain home care routine and begin gentle brushing

Once your stitches have been resorbed or removed, use a soft toothbrush and other hygiene aides to remove dead or damaged tissue surrounding your implant. A soft toothbrush is the first and best tool you should use to properly care for your implant

1. Continue rinsing or applying chemical antiseptic twice daily for 14 days
2. Use a soft toothbrush and/or other hygiene aides to remove dead or damaged tissue surrounding your implant
3. Apply chemical antiseptic locally once a day using hygiene aid

Living Life with Dental Implants: Adjusting Your Oral Health Care Routine

Maintain soft brushing and slowly ease back into your oral hygiene routine by adjusting your daily routine to accommodate proper implant care.

1. Use a soft toothbrush to remove plaque and maintain good oral health
 2. Use dental floss to deliver chemical antiseptic on a daily basis
- *If your implant space is larger or wider, dip gauze strips, yarn, super floss or dental tape dipped in chemical antiseptic and gently apply to the area

Remember!

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2. Keep it simple and **keep it gentle!**
3. **Brush, brush, brush!**